The Benedictine Health System is a Catholic organization entrusted with advancing the health care ministry of the Benedictine Sisters of Duluth, Minnesota. Our Mission is to witness to God’s love by providing compassionate, quality care with special concern for the underserved and those in need.

Our Mission and Core Values of Hospitality, Stewardship, Respect and Justice are not just posters on the wall; those values guide the work we do every day.

To learn more about Benedictine Health System go to: www.bhshealth.org
As a member of the Benedictine Health System we are pleased to offer an innovative program called Seamless Transitions at our post-acute care facilities.

Seamless Transitions is designed to help patients and their families navigate safely and successfully from the hospital to our facility to their home in a seamless manner. The ultimate goal is to prevent avoidable re-hospitalizations within the first 30 days of discharging from the hospital and within the first 30 days after returning home.

KEY COMPONENTS OF THIS PROGRAM INCLUDE:

• Each facility has a RN dedicated to oversee and manage this program called a nurse transition coordinator.

• An extensive interdisciplinary team (IDT) consisting of nursing, therapy, social services, nutritional services, spiritual care, wellness staff, and the patient’s physician and nurse practitioner.

• Creation of an individualized program for each patient that helps them understand their health conditions using both electronic and printed resources.

• Medication reconciliation upon admission and discharge to ensure they have the correct medications and know how to administer them properly.

• Multiple contacts with the patient after discharge to monitor their progress, to inquire if additional help is needed and to offer additional educational support.

• The Minnesota Department of Human Services provided a performance-based incentive payment program to start Seamless Transitions and measure its effects.

For additional information about this program or to refer a patient to St. Gertrude’s Health and Rehabilitation Center, please contact our Care Coordinator at 952-641-1940.